

# SEAAPM

## THE SOUTHEAST CHAPTER OF THE AMERICAN ASSOCIATION OF PHYSICISTS IN MEDICINE



### THE OFFICIAL RESTAURANT GUIDE

All walkable from downtown - Reservations are never a mistake.

#### Courtesy of:

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- **Hall's Chop House** - Beautiful view overlooking the Reedy River behind the Peace Center, immediately past the bridge on Main St. It is very good, although just the steak without sides will be \$40-50. If you want to test your cholesterol statins, try the bacon steak appetizer - melt in your mouth. The Chop House salad is also very good, IMHO. Sides are large and you can order 1/2 sides or 1/2 Chop Salad or 1/2 wedge salad. Live music, which can be loud. This is probably the most expensive one.
- **Larkins on the River** - Just opposite Hall's Chop House on the other side of the Reedy River. You find it by walking down behind the Peace Center to the left. Great Steaks! My buddy says the best. If it's warm, you can sit outside on the covered back area with patio heaters. Inside is plenty comfortable.
- **Ruth's Chris** - 3-4 buildings down from Hall's Chop House on the River in the new Embassy Suites. Beautiful view of the Reedy River and Peace center area. (See the RoofTop bar below - most pretty view of downtown and the mountains).
- **Nantucket's** - Directly across the Peace Center on Broad St, in the bottom of the Marriot. Best seafood downtown. Nice bar and outside bar seating in the back which looks onto Main St, weather permitting. Nice place for just drinks and appetizers if not in the mood for a big meal.
- **Rick Erwin's West End Grill** - Steak house on Main, west end (obviously), same owner as Nantucket's. Good but past its heyday. If I wanted a steak and the other places were full, I'd still come here.
- **HUSK** - haven't been here yet - just opened in the West End. The original in Charleston has a month's long wait list for reservations, unless you want to eat at 4pm on a Sunday. I am sure it is very good if you are a true foodie.

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- **Ristorante Bergamo** - Center of downtown on Main and Coffee St at the piazza. My personal favorite Italian. The specials are never a mistake. Carrie behind the bar makes a mean espresso martini and Prosecco cocktail. Nello, the chef has been there for >25 years and comes from Northern Italy.
- **Georiano's** - On Main St - many say this is the best Italian, more southern Italian fare. Nice cozy place. Very good.
- **Soby's** - On Main St - always bustling - good appetizers, nice bar, opens onto Main St and there is a large outside patio right on Main St, weather permitting.
- **The Nose Dive** - on Main St right across from Soby's. Outside café tables (I think owned by Soby's) More than just burgers and salads. The bacon brownie dessert is surprisingly good.
- **Pomegranate** - On Main St in the West End. Persian fare. Often very crowded. Large patio on main, weather permitting. Think kabobs with several multiple selections of rice. Large portions. If they have the pomegranate soup (only when it's cold) try it! The appetizer with caramelized garlic and eggplant spread on pita with butter, feta, fresh mint leaves and radish slices is my favorite. Pomegranate martini is also good.
- **The Green Lettuce** - on Augusta St, one block (if that from Main), also Persian. Owned by two brothers. Cozy place. Not as popular, but just as good. The herb soufflé appetizer is the best.
- **Sushi**
  - **Sushi Go** - Right across from the Hyatt on North Main. My buddy who lived in Japan for 4 years says this is the best. I'll take his word.
  - **Murisaka's** - On Main St, often crowded and popular.
  - **Taco Sushi** - On Main St and McBee. Believe it or not, Mexican and Sushi. Both are really very good, although most eat the sushi. Outside seating, weather permitting. Also popular.
  - **Tsunami's**. Just off Main St. Also good and popular.
  - **Purple** - West End Main St at the Fluor Baseball Stadium.

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- **\*\*Up on The Roof - A Must See** - Rooftop of the Embassy Suites. Most beautiful view in town. Upscale bar food, Crowded. Go for a view, even if you don't eat or get a drink. It's worth it.
- **Mark's Grill** - best burger downtown. Big gourmet burgers like with Brie, large selection, parmesan fries. Nice view, outside seating. (Same building as Soby's)
- **Cantina 76** - Pretty darned good Mexican. On Main St at the piazza. Outside seating (across from Bergamo's)
- **Tupelo Honey** - On the piazza, from Ashville, creative fried green tomatoes on grits. Across from Bananas & Caviar.

- **Greektown Grill** - on McBee 2-3 blocks from (part of the McBee Station Complex). Outside cafe tables. The Spaikotiropita is excellent. Gyro's very good. Moussaka, dolmades, Greek potatoes, lemon orzo soup, good tzatziki.
- **Smoke on the Water** - West End Main St. Lots of outdoor seating.
- **Ink and Ivy** - Just off Main on Coffee St. Nice 4th floor bar. Younger, hipster crowd.
- **Papi's tacos** - On the Reedy River by the art studios. Good tacos. More of a take it with you to eat outside and stroll, although there are a few tables inside.
- **CAH** - Popular sports bar with burgers & such. On Main St.
- **American Burger** - On McBee toward the Greektown Grill and McBee Station, good burgers, especially their veggie burger.
- **Crepes'** - On Main, have not tried it.
- **Bananas & Caviar** - Good deli off the piazza, across from Tupelo Honey
- **Sully's Steamers** - Just off Main (like two doors, about Washington St) Bagel sandwich place, popular.
- **Sticky Fingers** - On Main St.
- **Handi** - right on Main St, outside seating, pretty good Indian.
- **Lemongrass** - Thai, good, next to Bergamo's.
- **Compadres:** By the ballpark: really good Mex:Mex (not Tex-Mex)
- **Basil** - new Thai place, at the piazza, have not tried it.

## Breakfast

- **Eggs Up Grill** - on Augusta about 1-2 blocks from Main St. My fav for a long time. Great home fries, Benedicts, the grilled blueberry muffin is very good. Also lunch. Close at 3pm.
- **The Toastery** - Downtown Main St adjacent to the Nose Dive. Outside tables but it looks like they belong to Nose Dive. Enter through the big building. Also great home fries. Lunch.
- **The Terrace** - West End, fairly new. Pretty good.
- **Mary Beth's** - Also at McBee Station. Favorite local place, long lines after church on Sundays.
- **The Cottage** - right at Falls Creek Park - weekend brunches.